

Asa Adams October Lunch Menu

2 Chicken Tenders French Fries Fruit	3 Personal Pizza Fruit Vegetable	4 Chicken Soup Biscuit Fruit Vegetable	5 Cheesy Breadsticks Marinara sauce Fruit Vegetable	6 No School
No School	10 Cheese Quesadilla Fruit Vegetable	11 Stuffed Shells Garlic Toast Fruit Vegetable	12 Beef Stew Dinner Roll Fruit & Vegetable	13 Cheeseburger Potato chips Fruit Vegetable
16 Chicken Broccoli Alfredo Fruit Vegetable	17 Personal Pizza Fruit Vegetable	18 Pancakes Turkey Sausage Fruit Vegetable	19 Taco Soup Breadstick Fruit Vegetable	20 Fish Sticks French Fries Fruit Vegetable
23 Mac & Cheese Fruit Vegetable	24 Cheese Quesadilla Fruit Vegetable	25 Apple Maple French toast Bake Fruit Vegetable	26 Toasted Cheese Tomato Soup Fruit Vegetable	27 Chicken Stir Fry Fried Rice Fruit Vegetable
30 Meatloaf Dinner Roll Fruit Vegetable	31 Chicken Tenders French Fries Fruit			

Lunch Menu includes a whole grain, meat/meat alternative, fruit, vegetable, and milk component in compliance with the National School Lunch Program. All Grains listed are Whole Grain Rich and 1% white milk is served daily **Menus are subject to change without notice**
 "This institution is an equal opportunity provider"